

Please refer to our allergen key below on how to use this dietary and allergen guide.

A blank space in the table indicates allergens not reported in this product based on the information from our ingredient suppliers and assessment of our restaurant operations. However, **we are unable to guarantee that any products sold are free from allergens.** There is always a risk that traces of allergens may be transferred to ingredients during processing, storage or food preparation in our kitchens, or during the external manufacturing process for a product or ingredient.

Please be aware that we do not have a gluten-free menu. Our 'low gluten' options are items that 'may contain traces of gluten' and defined as ingredients of the menu items that do not naturally contain gluten, however, we cannot guarantee it is free from gluten due to processing, storage, food preparation and our mixed use kitchens.

Please also note that our vegetarian, vegan and Halal suitable items are prepared and cooked in the same kitchens and use the same equipment as non-vegan/vegetarian and not Halal items.

Menu Item	Nuts	Dairy	Egg	Vegan/ Vegetarian	Halal Suitable	Gluten	Sesame	Fish/ Shellfish	MSG	Other
<b>RICE PAPER ROLLS - SOLDIERS</b>										
Low Carb Poached Chicken Breast					H	○	○			○ (S)
Low Carb Lime Crusted Fish					H	●		F		○
Low Carb Tofu				VG V	H	○	●			○ S
BBQ Chicken					H	○	●	(F)		○ S
Pork & Prawn						○		F SF		○ (S)
Lime Crusted Fish & Avocado					H	●		F		○
Garlic Prawn					H			SF		○
Lemongrass Beef					H			(F)		○
Roast Duck					H	○	●			○ S
Tofu				VG V	H	○	●			○ S
Poached Chicken Breast & Avocado					H	○	○			○ (S)
Plant-Based Lemongrass Chilli 'Chicken'	○	○	○	VG V	H		○			S
<b>BAGUETTES - BÁNH MÌ</b>										
BBQ Chicken	○	●	●			●	○	(F)		○ S
Roast Pork & Crackling	○	●	●			●	○	(F)		○ (S)
Lemongrass Beef	○	●	●			●	○	F		○ (S)
Tofu	○	○	●	V	H+	●	○			S
Plant-Based Lemongrass Chilli 'Chicken'	○	○	○	VG V	H+	●	○			S
<b>STEAMED BUNS - BAO</b>										
BBQ Chicken		●	●		H	●	○	(F)	●	○ S
Lemongrass Beef		●	●		H	●	○	F	●	○ S
Crispy Prawn		●	●		H	●	○	(F) SF	●	S
Roast Duck		●			H	●	●			○ S
Tofu		●	●	V	H	●	○		●	○ S
Roast Pork & Crackling		●	●			●	○	(F)	●	○ S
Plant-Based Lemongrass Chilli 'Chicken'		●		V	H	●	○			S
<b>NOODLE SALADS - BÚN (WITHOUT DRESSING)</b> <small>Nước Mắm Dressing contains fish sauce</small>										
BBQ Chicken					H	○	○	(F)		○ S
Lemongrass Beef					H			F		○
Roast Pork & Crackling		○				○	○	(F)		○ (S)
Tofu & Veg Spring Rolls				VG V	H	●	●		●	○ S
Crispy Chicken Ribs					H	●				○ (S)
Plant-Based Lemongrass Chilli 'Chicken'				VG V	H		○			○ S
Roast Duck					H		○			○ S

**SOLDIER LABEL ALLERGEN KEY**

= Vegan   
 = Vegetarian   
 = Gluten   
 = Onion   
 = Soy   
 = Fish   
 = Shellfish   
 = Sesame  
 = Traces of Gluten   
 = Traces of Soy   
 = Traces of Sesame

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**ALLERGEN KEY**

● = Contains    ○ = Traces   
 VG = Vegan    V = Vegetarian   
 F = Fish    (F) = Traces of Fish   
 SF = Shellfish    (SF) = Traces of Shellfish  
 H = Halal Suitable    H+ = Item can be made Halal Suitable without chicken liver pate   
 ○ = Onion    S = Soy    (S) = Traces of Soy

Menu Item	Nuts	Dairy	Egg	Vegan/ Vegetarian	Halal Suitable	Gluten	Sesame	Fish/ Shellfish	MSG	Other
<b>RICE - CƠM (WITHOUT DRESSING)</b> <small>Nước Mắm Dressing contains fish sauce</small>										
Lemongrass Chilli Chicken					H	○	○	ⓕ		○
Roast Pork & Crackling		○				○	○	ⓕ		○ Ⓢ
BBQ Chicken					H	○	○	ⓕ		○ Ⓢ
Crispy Chicken Ribs					H	●	○			○ Ⓢ
Plant-Based Lemongrass Chilli 'Chicken'				VG V	H	○	○			○ Ⓢ
Lemongrass Beef					H			F		○
Tofu & Veg Spring Rolls					H	●	●		●	○ Ⓢ
Roast Duck					H		○			○ Ⓢ
<b>NOODLE SOUPS &amp; PHỞ (CUP/BOWL)</b>										
Chicken Curry	○				H	○	○	F SF		○ Ⓢ
Spicy Beef BBH (Bún Bò Huế)	○				H	●		SF		○ Ⓢ
Poached Chicken Phở					H	●	○			○ Ⓢ
Sliced Rare Beef Phở					H	●				○ Ⓢ
Mixed Beef & Chicken Phở					H	●	○			○ Ⓢ
Mushroom & Tofu Phở				VG V	H	●			●	○ Ⓢ
Seafood Phở					H	●		F SF		○ Ⓢ
<b>VIET SALADS - GỎI (WITHOUT DRESSING)</b> <small>Nước Mắm Dressing contains fish sauce. Gỏi comes with crab crackers which contains shellfish and MSG. Remove crab cracker and Nước Mắm to make vegan/vegetarian*.</small>										
Poached Chicken Breast					H	○	○	SF		○ Ⓢ
Lemongrass Beef					H			F SF		○
Pork & Prawn						○		F SF		○ Ⓢ
Prawn					H			SF		○
Tofu				VG V*	H	●		SF		○ Ⓢ
Plant-Based Lemongrass Chilli 'Chicken'				VG V*	H		○	SF		○ Ⓢ
Roast Duck					H		○	SF		○ Ⓢ
<b>SIDES (WITHOUT SAUCES)</b>										
Crispy Chicken Ribs					H	●				○ Ⓢ
Seafood Spring Rolls					H	○		F SF	●	○
Vegetable Spring Rolls				VG V	H	●	●		●	○ Ⓢ
Sweet Potato Fries				VG V	H				●	
Crab Crackers					H			SF	●	
Crispy Prawns					H	●		SF	●	○ Ⓢ
<b>HOUSE DRINKS</b>										
Vietnamese Iced Coffee		●		V						
Roll'd Iced Tea Peach/Lemon				VG V						
<b>CONDIMENTS (SACHETS/TUBS)</b> <small>Phở Hoisin contains sesame. 8g Hoisin sachet does not contain sesame*.</small>										
Hoisin*		●		V	H		●*			○ Ⓢ
Spicy Hoisin		●		V	H					○ Ⓢ
Chilli Mayo			●	V	H				●	
Veg Nước Mắm				VG V	H	●				○ Ⓢ
Nước Mắm					H			F		
Garlic Chilli Oil				VG V	H	●				
Hot Sauce				VG V	H					○ Ⓢ
<b>BREAKFAST</b>										
Breakfast Bánh Mì - Bacon	○	●	●			●	○			○ Ⓢ
Breakfast Bao - Bacon		●	●			●	●			○ Ⓢ
Breakfast Bao - Tofu		●	●	V	H	●	●			○ Ⓢ
Breakfast Bowl - Tofu		●	●	V	H	●				○ Ⓢ
Breakfast Bowl - Bacon		●	●			●				○
Breakfast Bánh Mì - Tofu	○	●	●	V	H	●	○			○ Ⓢ